

Faith through Films

Yesterday

Watch the whole film if you can. If you can't here is the link to a film clip



<https://www.youtube.com/watch?v=H3VeHyedL1U>

Exploring the theme

Yesterday is more than a story about music or fame—it is a quiet reflection on the choices we make every day, and the ways love asks us to show up in ordinary life.

Jack, a small-town musician, is faced with a sudden opportunity for success that could change everything. Most of us will never find ourselves in that situation—but the film reminds us that we all have moments of temptation, moments where what is easy or flattering pulls us away from what is right and true.

The heart of the story is simple: love matters more than applause, integrity more than recognition. Jack's temptation is fame; ours might be impatience, pride, or the desire to be noticed or to get ahead. In these small, everyday moments, we are invited to ask: Are we choosing what lasts, or what only glitters? Are we serving ourselves, or the people God has placed in our care?

In the end, love wins—not because it is flashy or celebrated, but because it is faithful. It is in the quiet choices: taking the time to listen, speaking truth with kindness, forgiving when it is hard, showing generosity without expectation. Yesterday whispers that these small acts, repeated day by day, are how we hold on to our souls, how we honour the gifts we have, and how we build lives that matter—not for the world to see, but for the people we love.

Bible reference

"What good is it for someone to gain the whole world, yet forfeit their soul?" **Mark 8:36**





Questions

- If you were in Jack's situation, suddenly in the spotlight with the world watching, what do you think would be most challenging for you?
- Can you think of a time when doing what was right felt harder than taking the easy or popular path? What helped guide your decision?
- How do the small, everyday acts of love and kindness shape your relationships and your sense of purpose?
- In what ways do your gifts or talents serve others, rather than just yourself?
- Where does real happiness come from—what we achieve, or how we care for others?

Final Reflection

Yesterday reminds us that life isn't measured by fame, fortune, or recognition, but by the daily choices we make. It invites us to reflect on the moments when doing what's right is harder than taking the easy path, and how simple acts of kindness and love quietly shape both others and ourselves. The film challenges us to consider how we use our gifts—not just for achievement, but to serve others—and whether true happiness is found in success, or in the ways we connect with and care for those around us.

Prayer



God, guide us to use the gifts we have with care and courage. Help us choose what is right, even when the easy path calls, and to see the quiet ways love and kindness shape the world. Teach us that true joy is found not in applause or success, but in the hearts we touch and the courage to stay true to what matters most. Amen.