



Faith through Films

I Swear

Watch the whole film if you can. If you can't here is the link to a film clip



<https://www.youtube.com/watch?v=oeWqQN3snCU>

Exploring the theme

I Swear is a moving and deeply human film inspired by the life of Tourette's campaigner John Davidson. It traces John's journey growing up in a world that often misunderstands him, not because of who he is, but because people don't always know how to respond to difference.

Through moments of humour, vulnerability, frustration, and hope, the film reveals the depth of John's resilience and the warmth of his personality. Rather than portraying Tourette Syndrome as something to be fixed or overcome, *I Swear* presents it as a natural part of John's rich and vibrant identity. His story highlights the importance of compassion, belonging, and the life-changing power of being accepted exactly as you are.

Ultimately, the film reminds us that every person carries unique gifts shaped by their story. Our worth is never defined by how closely we fit expectations, or how easily we fit in, but by the kindness and humanity we show to others. By inviting us to look at one another with patience, curiosity, and care, *I Swear* reveals the beauty that emerges when we truly see each other.

Bible reference

"I praise you because I am fearfully and wonderfully made."

Psalm 139:14



This verse reminds us that every person is created with intention and value. Our differences are not mistakes, they are part of the beauty of who we are.



Questions

- Which moment in the film best shows John's true personality beyond what others assume?
- How does *I Swear* challenge the way people think about Tourette Syndrome?
- Who in your life helps you feel fully understood and accepted?
- What does the film teach us about how to treat people whose experiences differ from our own?
- How might you become someone who creates understanding rather than misunderstanding?

Final Reflection

I Swear reminds us that difference isn't something to hide or fix, it's something to understand. The film shows that misunderstanding often creates the deepest struggles, while acceptance has the power to transform lives. When we look beyond assumptions, we begin to see the humour, strength, and goodness within each person. We learn to honour the stories they carry and to recognise that every life holds profound worth. Because when we truly see one another, compassion becomes possible and the world becomes a more welcoming place for us all.

Prayer

Lord, thank You for creating every person with value, beauty, and purpose. Help me to see others the way You see them – without judgement and without assumptions. Give me a heart that welcomes difference, listens with kindness, and makes room for people to be fully themselves. Amen.

